

# Could You Use a Smart Martha Seminar?



**Smart Martha Seminars** offer tested advice and solutions for mothers who want to balance taking care of their families' physical, emotional, social, and spiritual needs as well as their own needs.

**Smart Martha Seminars** offer practical everyday organization and time management skills for today's busy moms covering these topics:

- **There Is No Place Like Home: Having a Mary Attitude in Our Martha Tasks**
- **Grand Central Station: Keeping Everything on Track**
- **Bringing the Family to the Table: Recapturing Dinner Time**
- **Children and the Messes They Make: But They Can Bring Help as Well**
- **Conquering the Mountain of Laundry**
- **Keeping It All Clean: A Plan for This Impossible Task**

**When:** Saturday, October 16, 2010, 8:30 am-2:30 pm

**Where:** St. Anthony Catholic Church – Father Pondant Hall

**What:** A Smart Martha Seminar, made up of presentations, small group discussions, and some personal workbook time.

**Cost:** \$40 (\$35 if paid by September 19<sup>th</sup>) – Includes a workbook, lunch, childcare, and a great time! A limited number of seats will be available at the door – please pre-register to guarantee your spot!

Contact Kelly Smith at (214) 474-0022 or [kelly@samoms.org](mailto:kelly@samoms.org) with any questions.

Presented by St. Anthony Moms, the St. Anthony Homeschool Group, and SmartMartha.com.

To register, fill out the information below, detach, and send with a check, payable to St. Anthony Catholic Church (write "Smart Martha" in the Memo line), to:

St. Anthony Catholic Church  
ATTN: Darcy Wellbrock  
404 N. Ballard Avenue  
Wylie, TX 75098

*Please bring a nut-free lunch for your children. Your cancelled check is your receipt and confirmation.*

**Name:** \_\_\_\_\_

**Address/City/State:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**E-mail Address:** \_\_\_\_\_

**Children in Nursery:** # Age 0-2 \_\_\_\_\_ # Age 3-5 \_\_\_\_\_ # Age 6-8 \_\_\_\_\_ # Age 9+ \_\_\_\_\_

**Allergies:** \_\_\_\_\_